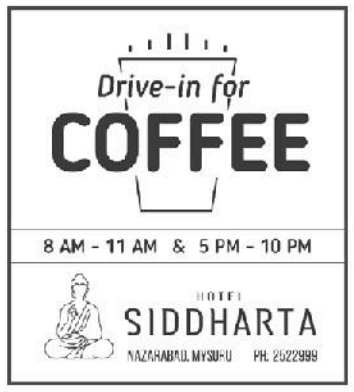

STAR OF MYSORE

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MYSURU Tuesday 26th September 2023
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Bengaluru shuts down as bandh gets good response

The Vidhana Soudha premises wore a deserted look owing to Bengaluru bandh this morning. Picture right shows pro-Kannada activists Vatal Nagaraj and Praveen Shetty during the protest against release of Cauvery water to Tamil Nadu, near Vidhana Soudha in Bengaluru today.

Bengaluru, Sept. 26 (Agencies)- With the support of over 175 groups, today's Bengaluru Bandh, which began at 6 am and will last until 6 pm, has brought normal life in the State Capital to a grinding halt.

The bandh has been organised by the 'Karnataka Jala Samrakshana Samithi,' a coalition of farmers' associations and pro-Kannada organisations.

This protest is directed against the Congress Government in Karnataka, which has decided to comply with the directive from the Cauvery Water Management Authority (CWMA) to release 5,000 cusecs of water per day to Tamil Nadu. Demonstrators are exerting pressure on the State Government to withhold water release.

As a precaution, the Bengaluru Urban District Administration has declared a holiday for all schools and colleges. Additionally, Bengaluru City Police have imposed 24-hour prohibitory orders to maintain law and order.

Kannada Chaluvali Vatal Paksha leader Vatal Nagraj and his associates including Praveen Shetty of Praveen Shetty faction of Kannada Rakshana Vedike were detained at Raj Bhavan when they went to stage a protest. Kannada Rakshana Vedike President Narayana Gowda and his aides were detained at Gandhinagar while they were marching towards CM's residence.

Even farmers' leader Kuruburu Shanthkumar was detained at Mysore Bank Circle.

Transport services affected

Auto drivers, as well as Transport Corporations like KSRTC and BMTC, have extended their support for the bandh, resulting in no buses or vehicles operating after 8 am, although a few buses did run on a couple of routes. Metro services remained unaffected by the bandh and continued to operate as usual, though passenger numbers were significantly lower.

At Freedom Park, numerous individuals, farmers and pro-Kannada groups gathered in large numbers to hold demonstrations and raise slogans. Senior BJP leader B.S. Yediyurappa also indicated his intention to join the protest at the Mysore Bank Circle.

Earlier today, the Police detained a group of 20 protestors in front of Town Hall who were shouting slogans and attempting to conduct a march. They were transported in a BMTC bus to CAR grounds.

At Freedom Park, a protesting farmer attempted to take his own life by hanging from a tree but was rescued and taken to a hospital. To maintain law and order and facilitate smooth traffic flow, heavy security has been deployed at Town Hall and Freedom Park, as well as strategic locations throughout the city.

As a preventive measure, the Police detained several individuals last night. Increased patrolling has been implemented on all major roads in the city and at entry and exit points to ensure the movement of vehicles.

Flash News

Release 3,000 cusecs water daily to TN for 18 days: CWRC

New Delhi, Sept. 26 (Agencies)- In a major setback to Karnataka again, Cauvery Water Regulation Committee (CWRC) ordered the Karnataka Government to release 3,000 cusecs of water daily to Tamil Nadu for the next 18 days (Sept. 28 to Oct. 15). CWRC passed the order after hearing the arguments of both the sides at its Office here today, when we went to the Press.

Distress formula, Mekedatu Project only two solutions for Cauvery crisis: CM

Mysuru, Sept. 26 (MTY & BS)- Facing the heat of today's Bengaluru bandh over Cauvery water sharing, Chief Minister Siddharamaiah has expressed his view that the absence of a "distress formula" that would benefit both Karnataka and Tamil Nadu is the key reason behind the dispute's prolonged existence without an amicable solution.

Speaking to the media at Mysuru Airport this morning, Siddharamaiah stated, "Karnataka is bound by the Supreme Court (SC) order to release 177.25 tmcft of water to Tamil Nadu. However, there is no distress formula in the event of any failure in the rainy season, which would have a cascading effect on the storage of adequate water in Krishna Raja Sagar (KRS) Reservoir in Mandya, making it difficult to release water to Tamil Nadu."

The distress formula can be worked out through negotiations, which would be possible with the intervention of the Prime Minister, he added.

Another potential solution to address the drinking water crisis is the implementation of the Mekedatu Project, involving the construction of a balancing reservoir in Kanakapura, Ramanagara District, where 67 tmcft of water can be stored. Apart from preventing water wastage, this project would also help alleviate Bengaluru's drinking water crisis, Chief Minister Siddharamaiah explained.

(See FORMULA on page 7)

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STAR OF MYSORE

"We believe comment is free, but facts are sacred."

Editor: M. GOVINDE GOWDA, M.A.

Mysuru, Tuesday 26th September 2023

Award for Prof. R. Indira

Prof. R. Indira

Mysuru, Sept. 26- Rotary Mysore Midtown has organised a programme at Rotary Centre on JLB Road in city tomorrow (Sept. 27) at 6.30 pm to confer 'Prof. M.G. Nanjundaaradya Memorial Rotary Mysore Midtown-Amaravani Award' on Prof. R. Indira, Sociologist and Professor, School of Social Sciences, M.S. Ramaiah University of Applied Sciences, Bengaluru. Prof. M. Umapathy, retd. Political Science Professor, University of Mysore, will present the award to Prof. Indira, who is also *Mysuru Mithra* (sister publication of *Star of Mysore*) Columnist.

Mysuru Kodava Samaja's 45th Annual Meeting on Sept. 28

Mysuru, Sept. 26-The 45th Annual General Body Meeting (AGM) of Kodava Samaja will be held on Sept. 28 (Thursday) at 10.30 am at Gurumane Hall of Kodava Samaja, Vijayanagar 1st Stage in city.

Samaja President Mechanda M. Shashi Ponnappa will preside, according to a press release from Samaja Hon. Secretary Mukkatira B. Jeevan.

EDITOR'S BOTTOMLINE

The 15-day period for which the current Cauvery Water Management Authority (CWMA) order is applicable ends on Sept. 27, and the Authority's assisting body, the Cauvery Water Regulation Committee (CWRC) is scheduled to meet on Sept. 26 to consider the situation afresh. The dispute has surfaced after a few years, once again highlighting the fact that the parties need a regular formula to share the shortfall and distress in years when the monsoon fails. In years of abundance, there is little difficulty in Karnataka releasing the water in compliance with the final award of the Cauvery Water Disputes Tribunal, as modified by the Supreme Court in 2018. It is well-known that much of this release is the natural downstream flow of water during heavy rainfall from brimming reservoirs. It is only during deficit years that the States involved feel that the Court will pass favourable orders even if the CWMA does not. This kind of yearly adjudication and seasonal litigation should not become the norm. The CWMA should utilise the opportunity to come up with a permanent formula on how to assess deficit in a given year. Even on the manner of assessment of deficit, the two States have divergent views. It is now up to the CWMA and the CWRC in gathering data on rainfall, inflows and storage, to evolve an acceptable formula to apportion the shortfall in an equitable way. It is inevitable that neither State will be satisfied with the quantum of release ordered by the CWMA, but it is at this point that politics should yield to domain expertise. —*In The Hindu*

NEWS SPARKLERS

Boot-throwing record broken at Championship

Wellington: The National Plowing Championships in Ireland hosted a Guinness World Record attempt where 995 people threw Wellington boots into the air at the same time.

The annual agricultural show and plowing contest in Rathenisk, County Laois, featured hundreds of waterproof rubber boots flying through the air at the same time in a record attempt organized by youth farming group Macra.

The previous record for most people throwing Wellington boots simultaneously was set at 792 at the Holsworthy and Stratton Agricultural Show in England in 2018.

Macra said evidence from the attempt is now being submitted to Guinness World Records for official certification and the Wellington boots used in the attempt will be donated to schools across Ireland.

Dentist with largest toothpaste collection

Alpharetta: Val Kolpakov, a dentist from Alpharetta, Georgia, has a collection of thousands of toothpaste tubes, according to Guinness World Records.

Kolpakov was first recognised as the world record holder on June 15, 2012, and it appears he still has the largest known toothpaste tube collection.

Guinness World Records said that Kolpakov's collection includes 2,037 toothpaste tubes from all over the globe. Of the thousands of toothpaste tubes Kolpakov owns, some are unusual flavours such as whisky, chocolate, rose, wasabi, bamboo and bacon.

A part of his collection is displayed at his dental office — adorning shelves, cabinets and walls, according to Guinness. The rest he reportedly keeps at home.

HEALTH CAPSULE

MYTH - Small Breast = Less Milk?

FACT - Absolutely not, breast size doesn't determine the milk supply. A mom with small breasts might have just as much as milk supply as a mom with large breasts.

By Vinutha S - Lactation Counsellor
Manipal Hospital, Mysore

manipalhospitals
LIFE'S ON

** Health Capsule is not intended to be of a diagnostic nature*

Winners in Taluk-level Athletics

Mysuru, Sept. 26- The following PUC students of Hari Vidyalaya College have won prizes in various categories of the Mysuru Taluk-level PU Athletics Meet held at Chamundi Vihar Stadium on Sept. 15: **Nikhil (I PUC):** 100 mts - 1st Place and 200mts - 2nd Place; **Divija Bharadwaj (I PUC):** 100 mts - 1st Place and 200 mts - 2nd Place; **Anandu (I PUC):** 1,500 mts - 2nd Place and 800 mts - 3rd Place; **Nikhil, Bhuvan, Dharshan & Vipul (I PUC students):** 4x100mts Relay - 1st Place.

WATER LEVEL

KRS DAM	KABINI DAM	HARANGI DAM
Maximum **124.80 feet**	Maximum **2,284.00 feet**	Maximum **2,859.00 feet**
Today's level **96.80 feet**	Today's level **2,273.82 feet**	Today's level **2,854.91 feet**
Last year's level **124.00 feet**	Last year's level **2,282.91 feet**	Last year's level **2,857.30 feet**
Yesterday's level **96.70 feet**	Yesterday's level **2,274.24 feet**	Yesterday's level **2,855.42 feet**
Today's Inflow **7,134 cusecs**	Today's Inflow **2,384 cusecs**	Today's Inflow **835 cusecs**
Today's Outflow **6,201 cusecs**	Today's Outflow **4,890 cusecs**	Today's Outflow **2,800 cusecs**

REALLY...?

- *The "smell" centre of a dog's brain is 40 times larger than humans.*
- *Dogs sweat through their paws only.*
- *Dogs don't like hugs.*

LAUGHTER THE BEST MEDICINE

An employee approached his boss regarding a dispute on his pay cheque.

Employee: *Sir, this is $100 less than my salary.* ***Boss:*** *I know. But last month, when you were overpaid $100 by mistake, you didn't complain!*

Employee: *Well, I don't mind an occasional mistake, Sir, but it seems to be becoming a habit now !*

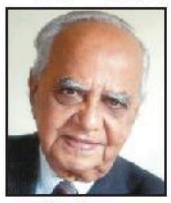
TODAY'S CURRENCY RATE

1 US Dollar	= Rs. 83.22
1 UK Pound	= Rs. 101.39
1 UAE Dirham	= Rs. 22.66
1 Euro	= Rs. 88.06

VOICE OF THE READER

T.S. Satyan and masala dosa!

Sir,


Satyan

The recent re-publication of the article on T.S. Satyan by Vikram Muthanna titled ***"A Gentleman from Mysore"*** *(which was first published in 'Star of Mysore' dated Dec.19, 2009)* was an excellent piece and made me nostalgic. Satyan was an excellent photo-journalist.

Besides, I remember an incident connected to his ingenuity. It seems he invited a friend to share *masala dosa* at his home.

When he told his wife to prepare *masala dosa* at a short notice, she told him that only *dosa* batter was there but no *aloo-onion palya*.

Satyan told her: "You prepare *dosa* and I will prepare *palya."* She thought Satyan would make a mess in the kitchen.

But Satyan assured that no such thing will happen. Then Satyan went out where there was a roadside *aloo-bonda* maker *ajji* near his home.

He bought a few *bondas*, removed the outer coating and added the *palya* in between the *dosas*.

Lo! After tasting, the friend told Satyan and his wife: *"Your masala dosa is better than Indra Bhavan dosa!"*

— Dr. M.K. Bhashyam (Retd. Assistant Director, CFTRI, Mysuru)

Bengaluru
17.9.2023

NOTE: *On the occasion of the birth centenary year of T.S. Satyan, Museum of Art & Photography (MAP) has organised a photo exhibition titled 'With Great Ease: The Photography of T.S. Satyan' at its premises, No. 22, Kasturba Road, Shanthala Nagar, Ashok Nagar, Bengaluru. The expo, which was inaugurated on Aug. 12 at MAP in Bengaluru, will be open for visitors till Nov. 20, 2023.*—**Ed**

'Nearly 3.5 million babies in India are born too early every year'

Former AIISH Director Dr. M. Jayaram inaugurates two-day national seminar

Mysuru, Sept. 26- Dr. M. Jayaram, former Director of All India Institute of Speech and Hearing (AIISH), Mysuru, said that nearly 3.5 million babies in India are born too early, 1.7 million babies are born with birth defects and one million new-borns are discharged every year from Special New-born Care Units.

According to UNICEF statistics, India witnesses 73,787 births per day (26.932 million per year). Though the infant mortality is also very high, still everyday addition to the paediatric population is significantly high, he noted.

He was delivering the keynote address on 'Current status of screening for speech, language and hearing disorders in paediatric population in India and the path ahead' during the two-day national seminar on 'Early Identification and Intervention of Communication Disorders in Children' organised by AIISH at its Seminar Hall here on Monday.

Dr. Jayaram said "These new-borns remain at high risk of death, stunting, developmental delay and communication disorders. New-borns have to be screened for a number of developmental disorders. Early identification and intervention means that we are on the path to create a life akin to ours for some or most of these children. We believe that the cost of screening / identifying a baby with disability would be much lesser than the cost of managing the child later in his/her life. Therefore, early identification programmes are a necessity and in order."

He also mentioned that non-availability of trained personnel in adequate numbers, gargantuan size of the population to be screened, geographical vastness for coverage, lack of instrumentation, poor awareness/education of the people, administrative apathy, and lack of policy backup are some of the issues that contribute to the complexity of the issue.

"The approaches that we are following for identification of communication disorders all these days are pedestrian and uneconomical. We need to think of alternate approaches and in this direction, a search for biochemical indicators may turn out to be a more profitable approach. However, I am aware that finding biomarkers is not an easy thing. It is time-consuming, requires major and multipronged research," he said.

Dr. S.N. Prashanth, Professor and Head, Department of Paediatrics, JSS Medical College, who spoke on topic 'Role of Paediatricians in the early identifications of Communication disorders' mentioned that early identification and treatment is very important while M. Sandeep, Professor of Audiology, AIISH, delivered a talk on 'Prevalence of Communication Disorders and Need for Early Identification and Intervention'.

P. Manjula, Dean – Research and Development, Director Incharge, AIISH, was present. Over 175 participants from across the country are taking part in the seminar which concludes today.

Ithihasika Mela at Teresian PU College

Mysuru, Sept. 26- Teresian PU College, Siddarthanagar, had organised Ithihasika Mela (History exhibition) on Sept. 23 in the College auditorium.

This programme was inaugurated by H. Shreedhara, Head, Department of History, SBRR Mahajana First Grade College.

On the occasion, students presented patriotic dance and songs. Steven Fernandes, HoD of History, Sadhana, Dean of Arts, Ursala George, Dean of Commerce, Rabiya Tazeen, Dean of Science were present.

Pejawar Seer inaugurates free health check-up camp

Mysuru, Sept. 26- "A human being should do his duties in the form of service. Service to the poor and weak reaches directly to the Lord. 'Nishkama Karma', service to the society is equal to service to God," said Sri Vishwaprasanna Theertha Swamiji of Pejawar Mutt, Udupi.

He was addressing the gathering on Monday after inaugurating a free health check-up camp on the occasion of the 70th birthday celebrations of Mata Amritanandamayi and week-long event "Sevanavaram" organised by Amrita Vishwa Vidyapeetham, Mysuru Campus, Amrita Kripa Hospital and Mata Amritanandamayi Mutt, Mysuru.

Highlighting the evolving perspective on service, Sri Swamiji astutely analysed the societal transformation, expressing concerns that resources intended for service could potentially be misused in some instances.

Dr. Vikas Modi shed light on the array of complimentary medical services provided by Amrita Kripa Hospital.

Ward No. 44 Corporator Savitha Suresh; Swaswaroopananda Yathi; Mata Amritanandamayi Mutt Head Brahmachari Prasadamrita Chaitanya; Amrita Vishwa Vidyapeetham Mysuru Campus Correspondent Brahmachari Muktidamrta Chaitanya; Associate Dean Prof. Shekar Babu; Principal Prof. G. Ravindranath, and others were present. The camp saw participation from more than 150 community members, marking a significant outreach effort to benefit public with essential healthcare services.

Flute Jugalbandi presented

Vid. Shashank Subramanya and Pandit Rakesh Chaurasia presenting a Flute Jugalbandi at 8th Cross Ganesha Pandal, V.V. Mohalla, last evening as part of the ongoing 62nd Heritage Music Festival organised by Sri Prasanna Vidya Ganapathi Mahotsava Charitable (SPVGMC) Trust, Mysuru. They were accompanied by Vid. Giridar Udupa on ghata and Pt. Ojas on tabla.

NEWS BRIEFS

Free anti-rabies vaccination camp

On the occasion of World Rabies Day, Shree Pet Clinic and Pet Grooming Spa, has organised free anti-rabies vaccination camp for pet dogs and cats aged above two months at its premises opposite Friendly Mart at Vijayanagar fourth stage, second phase, in city from 8 am to 8 pm on Sept. 28. For details and registration, contact Dr. Deepak on Mob: 94807-02740.

Obituary

Shankarappa

Mysuru, Sept. 26- Shankarappa (74), retired Superintendent, Education Department and a resident of Saraswathipuram, passed away on Sunday in city.

He leaves behind his wife, two daughters and a host of relatives and friends.

Last rites will be held at Kuvempunagar Burial Grounds after his daughter arrives from USA today.

Dharaniraj

Hunsur: Dharaniraj (71), Senior Advocate, passed away following a heart attack at a private hospital in the town yesterday evening.

He leaves behind his wife, two children and a host of relatives and friends.

Last rites were held at the foot of Chamundi Hill in Mysuru this afternoon.

Mazhar Pasha

Srirangapatna: Mazhar Pasha (71), former Chairman of Mandya District Wakf Board Advisory Committee and a resident of Srirangapatna, passed away following a heart attack yesterday morning.

He leaves behind his wife, sons Irfan Ahmed, Wakf Officer, Tipu Sultan Wakf Estate at Srirangapatna and Rizwan Pasha, Manager at KSTDC and a host of relatives and friends.

Namaz-e-Janaza was performed yesterday after Isha Salath at Arab Saheb Choti Masjid at Ganjam in Srirangapatna, followed by the burial at the Muslim Burial Grounds at Ganjam.

Second batch of five Dasara elephants arrive at Mysore Palace

Mysuru, Sept. 26 (MTY&KS)- The second batch of five Dasara elephants arrived at Mysore Palace yesterday evening and were given a traditional welcome upon arrival.

The five elephants including three debutants are 21-year-old Rohit and 46-year-old female elephant Hiranya from Rampura Camp in Bandipur, 52-year-old Lakshmi from Dodda Harave Camp in Nagarahole, 50-year-old Prashanth and 41-year-old Sugreev from Dubare Elephant Camp.

Out of these five elephants, Rohit, Hiranya and Lakshmi will be participating for the first time in Dasara Mahotsav. Kanjan, who arrived in the first batch, is also making its first appearance in Dasara this time. Lakshmi, which arrived yesterday, is not the Lakshmi from Rampura Camp, which had given birth to a male calf at Mysore Palace last time and was named as Dattatreya.

A total of 14 elephants were selected to participate in this year's Dasara and the first batch of nine elephants from various elephant camps, led by Golden Howdah carrying elephant Abhimanyu, arrived in city on Sept. 1 and the second batch of five elephants arrived yesterday.

Deputy Conservator of Forests (DCF) of Mysuru Wildlife Division Saurab Kumar said that all 14 elephants have arrived at Mysore Palace. The four elephants, which are making their first appearance in Dasara this year, will be taken along with the first batch of elephants. As per advice from Veterinarian Dr. Mujeeb Rehman, who in in-charge of Dasara elephants, special food is being provided to the second batch of elephants from Tuesday, he added.

Abhimanyu carries 750 kg weight with ease

Abhimanyu, who is undergoing weight carrying training since a week, carried a weight of 750 kg yesterday from Mysore Palace premises till the Torchlight Parade Grounds in Bannimantap.

The DCF said that the training was going on well as per plan and added that all the elephants were fit and healthy.

DCF Saurab said that the temporary school opened for the children of Mahouts and Kavadis, who are accompanying the 14 elephants, will be inaugurated by District Minister Dr. H.C. Mahadevappa.

Range Forest Officer (RFO) Santosh Hugar, Veterinarian Dr. Mirza Waseem and others were present.

World Tourism Day: Various events planned in city

Mysuru, Sept. 26 (MTY&BS)- As part of World Tourism Day celebrations, Department of Tourism has organised various programmes in the city.

According to a press release by Joint Director of Tourism Department, M.K. Savita, essay writing contest was organised for the students of Mahajana Tourism Development Institute today. A procession of 15 to 20 cultural troupes and students of Vidya Vikas College, Sadvidya and Mahajana's College has been organised from Varaha Gate of Mysore Palace tomorrow (Sept. 27).

On Sept. 29, Swachhata Pakhwada involving NCC Cadets and NSS volunteers and State volunteers will be held at Chennakeshava Temple, Somanathapura in T. Narasipur taluk and collection of waste and cleanliness programme on the steps to Chamundi Hill in the city.

On Sept. 30, a sapling plantation programme has been organised in association with Department of Horticulture and Mysuru City Corporation (MCC), added the press release.

Mega Rally

Various stakeholders of tourism including Mysuru Travels Association (MTA) and Mysuru Hotel Owners' Association, in association with the District Administration, have organised a colourful rally as part of World Tourism Day celebrations in the city tomorrow (Sept. 27).

In a joint press conference at Pathrakartara Bhavan here yesterday, President of World Tourism Day Committee S.J. Ashok said: "Like every year, this year too, World Tourism Day will be celebrated in a meaningful manner. Tourists visiting Palace will be welcomed with sweets and flowers at Varaha Gate at 10 am. Social Welfare Minister Dr. H. C. Mahadevappa who is also the District in-Charge Minister, will be present along with MP, MLAs and MLCs from the district."

Later, a colourful rally will be taken out from Gun House Circle to Dr. Babu Jagjivan Ram Circle (City Railway Station), via B.N. Road, Jayachamarajendra Wadiyar Circle, K.R. Circle, D. Devaraja Urs Road and JLB Road in the city, said Ashok.

The rally will have various folk troupes like that of Dollu Kunitha, Kamsale, Puja Kunita, Patha Kunita, Chande-Maddale, Kodava dance and Gaarudi Gombe, etc.

The sarots driven by elephants and horses, Tibetan music troupe, Tourism students and representatives of Electric Vehicle (EV) manufacturers will also be a part of the rally.

President of Mysuru Hotel Owners' Association C. Narayanagowda, President of Mysuru Travels Association J.P. Urs, Office-bearers David, A.C. Ravi and Anil Raj were present.

Bandh for Cauvery

KSOU exams postponed

Mysuru, Sept. 26 (PM&BS)- Following the bandh calls given by various organisations over Cauvery dispute, Karnataka State Open University (KSOU), Mysuru, has postponed the exams of Under Graduate (UG) and Post Graduate (PG) courses scheduled today (Sept. 26) and Friday (Sept. 29).

Hence, the third year BA exam, second year BA and B.Com exams and first year BA and B.Com exams will be held on Oct. 11, 12 and 13 between 9 am and 12 noon and from 2 pm to 5 pm. Similarly, first year MA and M.Com exams have been postponed to Oct. 11 and 12, from 9 am to 12 noon and from 2 pm to 5 pm.

For details log on to ***https://ksoumysuru.ac.in,*** according to the Registrar (Evaluation), KSOU.

While several organisations have called for Bengaluru Bandh today, several others have called for Karnataka bandh on Friday.

Cauvery water dispute between Karnataka and TN

Deve Gowda writes to PM Modi, urges to form expert panel

Bengaluru, Sept. 26 (KMS & BCT)- Former Prime Minister and Janata Dal (Secular) leader H.D. Deve Gowda has called upon Prime Minister Narendra Modi to mediate in the ongoing Cauvery water dispute between Karnataka and Tamil Nadu. He proposed the establishment of an independent expert panel to develop a fair water-sharing formula between the two States.

Former Prime Minister H.D. Deve Gowda and former CM H.D. Kumaraswamy during the press meet in Bengaluru yesterday.

At a press conference in Bengaluru yesterday, he unveiled a letter urging Modi to direct the Jal Shakti Ministry to submit an application to the Supreme Court, notifying its intent to dispatch an expert panel to assess water availability in the Cauvery basin's reservoirs.

In his letter, Deve Gowda referenced his proposal during the recent Parliamentary session to form a committee of five experts independent of the party States and the Union Government to conduct an immediate on-site assessment of the current ground realities in both States. This impartial panel, free from political affiliations, should promptly evaluate all designated reservoirs within the Cauvery basin.

The panel's findings should be presented to the Cauvery Water Management Authority (CWMA) and Cauvery Water Regulation Commission (CWRC) for consideration before making decisions on water release. The committee would also be tasked with devising a fair distress formula, considering factors such as rainfall deficits, reservoir inflow, storage levels, agricultural and drinking water requirements, among others.

Deve Gowda criticised the Congress party for its lack of interest in Cauvery issue, recounting a past instance when former PM Dr. Manmohan Singh urged him to approach the court for a resolution due to the perceived threat to his Government's stability. He noted that despite several prominent Karnataka leaders being part of Dr. Manmohan Singh's cabinet, none took a stance on the matter.

Deve Gowda highlighted the need for comprehensive studies on the operation of all identified reservoirs in the Cauvery basin, which, he claimed, had not been conducted by either CWMA or CWRC. To prevent further injustice to Karnataka, Deve Gowda urged the Jal Shakti Ministry to submit an application to the Supreme Court, indicating their intention to dispatch an expert committee. He appealed to the Prime Minister to intervene and file a revision petition.

Meanwhile, Chief Minister Siddharamaiah welcomed Deve Gowda's initiative, stressing the importance of the Prime Minister's intervention for resolving the dispute through bilateral dialogue between the two States.

Siddharamaiah expressed hope that Modi would consider Gowda's plea and facilitate discussions between the two States to address the dispute. He emphasised Karnataka's history of unity across political divides when dealing with issues related to land, water and language and expressed confidence in the BJP's willingness to continue this tradition, as the JD(S) had done.

KSOU Q-paper leak scam

Two staff of Chamarajanagar Regional Centre in CCB custody

Mysuru, Sept. 26 (RK&BS)- City Crime Branch (CCB) Police investigating into the question paper leak at Karnataka State Open University (KSOU), Mysuru, have taken two temporary employees of the Varsity's Regional Centre in Chamarajanagar into their custody.

The CCB sleuths, who have taken up the probe after B.Com final year's 'Computer in Business' subject was leaked, traced the source to KSOU Regional Centre, Chamarajanagar headed by Mahadev as its Director.

When the investigation team including CCB Inspector, Sub-Inspector and others visited the Chamarajanagar Centre, it primarily came to be known that, the said two employees had sold the question paper two days before the exam date and got the money transferred to another person's account on cell phone through online payment. The question paper was first shared on WhatsApp to the students in Mangaluru.

After confirming their role by verifying call detail records (CDR), the investigators took the two staff into their custody and subjected them to inquiry.

On the other hand, the investigators have intensified the probe into how the suspects got access to question paper bundle and the key of the boxes containing question paper bundles and the involvement of others, if any, in the case.

The investigators are also probing into several other angles like how the suspects could execute their plans without any fear, hoodwinking the Director of Regional Centre, who holds full responsibility of the Centre? Had the Registrar (Evaluation) erred in maintaining secrecy during the supply of question papers to exam centre?

It may be mentioned that, as the racket surfaced, Jayalakshmipuram Police had arrested two students on suspicion for selling copies of question paper on the day of exam itself, at the Exam Centre in Vigyan Bhavan. As the racket appeared to be the size of a scam, the case was later handed over to CCB.

CESC public grievances meet tomorrow

Mysuru, Sept. 26- Chamundeshwari Electricity Supply Corporation (CESC) will be holding its 2nd quarterly public grievances meeting at Kuvempunagar Sub-Division Office tomorrow at 11 am and at R.K. Nagar Sub-Division Office at 3 pm. Consumers coming under above CESC Sub-Divisions may attend the meeting and air their grievances related to CESC in writing and find solutions, according to a press release from Executive Engineer, CESC, VV Mohalla.

Basic sign language workshop for Postmen and Postwomen held

Mysuru, Sept. 26- As part of International Day of Sign Languages, for the first time in India a day-long workshop on 'Basic Sign Language for Postmen and Postwomen' was held at All India Institute of Speech and Hearing (AIISH) here on Sunday.

About 200 Postmen and Postwomen from across the city attending workshop which was inaugurated by S.S Umesh, Assistant Director of Programme, Akashvani, Mysuru.

Presiding over the workshop Dr. M. Pushpavathi, Director of AIISH said "Though there are various social media including WhatsApp for communication but still it is postmen and postwomen who touch the heart of the people and they are also one among family members. Even today people will be very curious to receive letters or any communication from postmen or postwomen." She also said that sign language is not only a means of communication to the deaf community, but also a symbol of their pride and identity.

Ajish Abraham, Dean, AIISH, briefing about the workshop said "In the recent past, there is a lot of emphasis to promote awareness regarding Indian Sign Language (ISL) among the general public and professionals, to facilitate barrier-free communication with the deaf community.

The objective of the workshop was to train about 200 Postmen and Postwomen of Mysuru city on the basics of Indian Sign Language through hands-on practical sessions. The day-long workshop included basic alphabet sign language, numbers and work related conversations.

According to the 2011 census, there are more than 50 lakh people with hearing impairment across the country.

This programme also provided inputs for Postmen and Postwomen to start on the basic conversation with persons with hearing impairment in Indian Sign Language.

Dr. Angel Raj, IPoS, Senior Superintendent of Post Offices, Mysuru Postal Division, Dr. Reuben Varghese, Scientist-B and Rubby, Sign Language Teacher, AIISH, Mysuru, were present.

Cauvery water sharing row

Spate of protests continues in city

Cauvery Kriya Samithi protesting in front of Head Post Office this morning. Pic. right: ***Kasturi Karnataka Nyayapara Vedike at Town Hall.***

***Karnataka Rakshana Swabhimani Vedike** (left) and Mysuru District Brahmin Association staging protests near ZP Office today.*

Mysuru, Sept. 26 (RK,GA& TRR)- Even as bandh is being observed in the State capital Bengaluru, opposing release of Cauvery water to Tamil Nadu, series of protests were staged at various parts of Mysuru city by several organisations today, criticising the State Government's decision to release water to TN.

Activists of **Cauvery Kriya Samithi (Cauvery Action Committee)** staged a protest near Head Post Office on Irwin Road, Nehru Circle, by wearing black bands on their arms and shouting slogans against the Government. "Rivers Cauvery and Kapila belong to our State. Giving water of these rivers to other State is a grave injustice to us. The Karnataka Government must properly convince the Supreme Court about the serious water shortage in the Reservoirs," said the protestors and urged Prime Minister Narendra Modi to immediately intervene in the matter.

Samithi President Jayaprakash (JP), Vice-President Mugur Nanjundaswamy, Mellahalli Mahadevaswamy, General Secretary M. Mohankumar Gowda, former Corporator R. Lingappa and many others participated in the protest.

In another protest, **Karnataka Rakshana Swabhimani Vedike,** a pro-Kannada organisation, led by President M. Lingaraju assembled near Zilla Panchayat Office and protested against the release of Cauvery water to TN. Displaying red and yellow Karnataka Flags and wearing sashes, they shouted slogans against both the Central and State Governments and urged them to stop the release of water. One of the activists blew a conch to draw the attention of the Government.

Vedike office-bearers Charanraj, Bhagyashri, Netravati, Lokesh, Raju, Ramya, Bhagyamma, Aparna and others took part in the protest.

Meanwhile, activists of **District Unit of Kasturi Karnataka Nyayapara Vedike** staged a semi-nude protest in front of Dr. Ambedkar statue, near Town Hall in the city.

Stating that it is the duty of everyone to preserve Cauvery water, State President of the Vedike Girish Shivarchak said that apart from giving drinking water to the people of the State, it is the responsibility of the Government to provide water for Karnataka farmers first. "By releasing water to TN, the State Government has given the impression that it is neglecting the interests our farmers," he concluded.

Mysuru City and District Brahmins Association, led by its President D.T. Prakash, also staged a protest near ZP Office in the city this morning. Holding placards like 'Cauvery Nammadu,' 'Save Cauvery,' 'People's representatives, it is your responsibility' among others, they shouted slogans against the State Government to stop release of water. A young girl dressed as 'Mother Cauvery' also participated in the protest.

Members of Gandhadagudi Foundation also staged a protest in front of ZP Office holding placards "Save Cauvery Water" and urged the State Government to protect the interests of the people of Karnataka first before releasing water to TN.

Rozgar Mela: Union Minister Shobha Karandlaje distributes appointment letters in city

Event held at 46 locations across India; PM Modi gives out letters to 51,000 recruits

Mysuru, Sept. 26 (BCT)- Prime Minister Narendra Modi distributed 51,000 appointment letters to newly inducted recruits via video conferencing this morning as part of the 'Rozgar Mela' that is taking place at 46 locations across the country.

In Mysuru, the event was held at All India Institute of Speech and Hearing (AIISH) where Minister of State, Agriculture and Farmers Welfare Shobha Karandlaje distributed the appointment letters to the new recruits on behalf of the Prime Minister. Krishnaraja MLA T.S. Srivatsa was present. During the event, the PM also addressed the freshly appointed individuals.

The Rozgar Mela is a step towards fulfilling the Centre's commitment to accord the highest priority to employment generation. The Rozgar Mela is expected to act as a catalyst in further employment generation and provide meaningful opportunities to the youths for their empowerment and participation in national development.

The recruits, selected from across the country, will be joining the Government in various Ministries/Departments including Department of Posts, Indian Audit & Accounts Department, Department of Atomic Energy, Department of Revenue, Department of Higher Education, Ministry of Defence, Ministry of Health & Family Welfare among others.

"I would like to congratulate all successful candidates who got their appointment letters. I would like to urge the local youths to avail maximum benefits of the employment fair," Shobha said.

Addressing the gathering, the PM congratulated those who received their appointment letters today. He remarked that they are here due to their hard work and dedication and they have been selected from a pool of millions of candidates.

Noting that the recruits have an opportunity to work directly with the government, the PM urged them to continue their journey of learning and make use of iGOT Karmyogi Portal to further their knowledge in their areas of interest. Concluding the address, the PM congratulated the appointees and their families and urged them to take the resolve of a developed nation in the next 25 years.

Acknowledging the significant presence of women among the new recruits, the PM said that daughters of the country are making a name in every sector. "I feel immense pride in the achievement of the *'Nari Shakti'* and it is the policy of the Government to keep opening new avenues for their growth", he said. PM Modi noted that the presence of women in any sector has always led to positive changes in every sector.

Procession marks World Deaf Day celebrations

People with hearing disabilities do not need compassion, they need opportunity: Mayor

Mysuru, Sept. 26 (GA&KS)- "No one asks to be born as deaf. If one sense fails, other senses activate and they do not need compassion, they should be given opportunity," said Mayor Shivakumar.

He was speaking at the World Deaf Day celebration organised by Karnataka State Deaf Welfare Association in association with Mysuru District Deaf Association at Kalamandira in city this morning.

Pointing out that the demands submitted by the Associations have to be fulfilled by the State Government, the Mayor said that various equipment will be provided by the Mysuru City Corporation (MCC) and added that the fund reserved for it has been doubled in this year's Budget.

He called upon the people with hearing disabilities to make use of it.

Meanwhile, S.T. Ravikumar (RK), President of Mysuru District Journalists' Association (MDJA), who also spoke on the occasion, said that living with various disabilities was hard. "Their voice through the memorandum submitted today will surely reach the ears of the concerned," he said and urged the authorities to provide free travel for the hearing impaired in KSRTC buses.

Former MLA Dr. Yathindra Siddharamaiah also spoke after inaugurating the event.

Meanwhile, visually impaired Basavaraju Umrani, known as 'Human Computer' and K.S. Avinash, an international bronze medallist in jewellery making, were felicitated on the occasion.

Deepika, Kushal and Kanchan translated the sign language to the dignitaries.

Earlier, over 1,200 people with hearing disabilities from various deaf organisations from across the State, holding placards, took out a procession from J.K. Grounds to Kalamandira.

They passed through JLB Road, Metropole Hotel Circle and Hunsur Road to reach Kalamandira where they took part in the stage programme.

Akshaya Ahara Jolige provided lunch to the participants.

Chairman of Karnataka State Deaf Welfare Association Chairman S.D. Gopalachar, Vice-Chairman A. Ganesh Rao, President K.S. Umashankar, Mysuru District Deaf Association Chairman S. Murthy, Vice-Chairman Mahesh Varma, former MUDA Chairman H.V. Rajeev, Ln. Krishnegowda and others were present.

'Distress formula'

(Continued from page 1)

Regarding allegations from Opposition parties that blame the Congress Government for failing to effectively argue the case in the Supreme Court, Siddharamaiah responded, "Such statements are politically motivated, as it is the same legal team that has handled the Cauvery case in the Apex Court since it was formed during the tenure of Chief Minister H.D. Deve Gowda."

In response to BJP's 'Chaddi Rally' in Mandya, organised in protest against the Cauvery dispute, Siddharamaiah criticised the 25 BJP MPs elected from Karnataka, stating that none of them have made any efforts to find a solution to the dispute.

Addressing the bandh call, Siddharamaiah noted, "According to the Supreme Court, there is no provision to observe a bandh. However, any forms of protest or Movement fall under the fundamental rights of the people. However, while exercising our fundamental rights, there is a chance of infringing upon others' rights too."

State-level training for 'Pashu Sakhis' in city

Mysuru, Sept. 26 (BLU&BS)- Chief Minister Siddharamaiah launched A-HELP State-level training programme for 'Pashu Sakhis' (Cattle Caretakers) organised by the Department of Animal Husbandry and Veterinary Services, fourth round of vaccination against foot and mouth disease under National Animal Disease Control Programme (NADCP) and Veterinary Clinic at Uttanahalli in the outskirts of Mysuru this afternoon.

Earlier, the CM visited Sri Maramma temple at Uttanahalli, besides inaugurating Dr. B.R. Ambedkar Bhavan and laying foundation stone for the works on installing the busts of Saint Kanakadasa and freedom fighter Sangolli Rayanna.

Mysuru District In-charge Minister Dr. H.C. Mahadevappa, Animal Husbandry Minister K. Venkatesh, MLAs A.R. Krishnamurthy, D. Ravishankar and K. Harishgowda, MLC Dr. D. Thimmaiah and others were present on the occasion.

MYSORE RACES 2023

(By Our Racing Correspondent)

Tenali for Ranga Family Cup

Mysuru, Sept. 26- Following are the selections for the 7th day of Mysore Races to be held here on Wednesday — Sept. 27, 2023:

1.	2.30 PM	**THE PENAMBUR PLATE**
		1600 mts. - rated 00 to 25
		1. MEGA SUCCESS *2. GAME BOY*
2.	3.00 PM	**THE SHIMSHA PLATE**
		1100 mts. - rated 20 to 45 (Mysuru-based horses)
		1. I CAN *2. INEFFABLE*
3.	3.30 PM	**THE RANGA FAMILY CUP**
		1200 mts. - rated 40 to 65 (Mysuru-based horses)
		1. TENALI *2. REVELATOR*
4.	4.00 PM	**THE CIVIL SERVICES TROPHY**
		1200 mts. - rated 60 and above
		1. AMRELI *2. KENSINGTON COURT*
5.	4.30 PM	**THE INDRADHANUSH PLATE - DIV. II**
		1400 mts. - rated 20 to 45 (No Whips)
		1. MULTISIDED *2. ANGELES*
6.	5.00 PM	**THE INDRADHANUSH PLATE - DIV. I**
		1400 mts. - rated 20 to 45 (No Whips)
		1. REMBRANDT *2. MIGHTY SWALLOW*

DAY'S BEST: *MULTISIDED*

DOUBLE: *1. MEGA SUCCESS 2. I CAN*

JACKPOT: *2, 3, 4, 5, 6* ***MINI JACKPOT:*** *3, 4, 5, 6*

I TREBLE: *1, 2, 3* ***II TREBLE:*** *4, 5, 6*

EXACTAS: *1 to 6* ***—Tipster PGC***

Clear power bill dues by Sept. 30

Mysuru, Sept. 26 (PM&BS)- Chamundeshwari Electricity Supply Corporation (CESC), N.R. Mohalla Division has stated that Sept. 30 is the last date to clear the dues of electricity bill applicable for the period prior to the implementation of Gruha Jyothi Scheme (200 units of free power) to its consumers in the Division.

Following the deadline issued to clear the bill before Sept. 30, several consumers have made the payment. However, still five days time is left for the consumers who are yet to clear the due. Or else, it will become inevitable to disrupt power without any prior notice, stated the Executive Engineer (Operation and Maintenance), N.R. Mohalla Division, CESC.

Renowned Nath Khan Syed Imran Mustafa and troupe to perform in city

Mysuru, Sept. 26 (KS)- Renowned Nath Khan Hazarath **Syed Imran Mustafa** and troupe from Hyderabad, Andhra Pradesh State and Qari Samiulla Qadri Sarparast Minhaj Quran, Bagalkot, will deliver the Mehfil Naath programme (phrases of Prophet Muhammad) during Jhashne Eid Meelad-un-Nabi celebrations, organised by Minhaj-ul-Quran International India, Karnataka, Mysuru Branch, to be held under the Chairmanship of Sir Khazi of Mysuru Hazarath Moulana Mohammed Usman Shariff on Sept. 30 from 7 pm to 10 pm at Meelad Park on Ashoka Road in city.

After the conclusion of the programme, Mansoor Sait Kushali, President of Masjid-e-Hali Meamoon Jamath, Shivarampet, has arranged Tabruk (Dinner) for the participants at Masjid-e-Azam Markaz Ahle Sunnath Wal Jamath on Ashoka Road here.

For details, call Syed Junaid on Mob: 98805-26347 or Rehaman Shariff on 99018-94360.

Eid Meelad Procession

Mysuru. Sept. 26- Dawat-e-Islami, Mysuru, has organised Juloos Mohamadi (on the eve of Prophet Mohammed's birthday PBHU) Eid Meelad Un Nabi procession on Sept. 28 at 2.12 pm from Masjid Azam Markaz Ahala Sunnath-wo-Jamath, Ashoka Road in city. The procession will pass through Sawday Road, Eidgah Masjid Road, Pulikeshi Road, Mandi and Lashkar Mohalla Streets. Sir Khazi of Mysuru Moulana Mohd. Usman Shariff and Muslim brethren will join this procession. For details call Nasir Khan on Mob: 99007-17020.

Prize-winners of Karnataka State Schools Chess Championship 2023

Mysuru, Sept. 26- A three-day Karnataka State Schools Chess Championship 2023 was organised by the First Move Trust in association with Vijaya Vittala Educational Institutions at Vijaya Vittala Vidyashala recently.

Around 400 competitors from 12 categories took part in the Championship and Champions from each age group will be representing Karnataka in the National Schools Chess Championship-2024 that will be held at Bihar from January 28, 2024 to February 1, 2024.

First place winners in each category are as follows: **U-7 Female Category:** B.V. Saanvika (BGS National Public School) - 4 points; **U-7 Open Category:** Lakshit Dayananda (DPS) - 7 points; **U-9 Female:** Rizelle Alida D'souza (St. Theresas School, Mangaluru) - 4½ points; **U-9 Open Category:** Venkata Naga Karthik Malladi (Lake Montfort School) - 6½ points; **U-11 Female:** Krupha S. Ukkali (NPS) - 5 points; **U-11 Open Category:** Suman Saideep (The Amaatra Academy) - 7 points; **U-13 Female:** Rudra Rajeev (Lourdes Central School, Mangaluru) - 5 points; **U-13 Open Category:** Krishna (BVM Global School, Bengaluru) - 6½ points; **U-15 Female:** Sharadhi Shastry - 3½ points; **U-15 Open Category:** Raveesh Kote (Jnana Ganga Central School) - 5½ points; **U-17 Female:** Prasiddhi Bhat (MICA) - 4 points; **U-17 Open Category:** N. Leelajai Krishna (St. Norbert, Koppa) - 4½ points.

Grand Master (GM) M.S. Thejkumar was the chief guest. VVVS Principal S.A. Veena, Vijaya Vittala PU College Principal H. Satyaprasad, MDCA Secretary and Karnataka State Chess Association Vice-President Nagendra Muralidhar, First Move Trust President D.J. Ravi Kiran, Secretary M. Bharath were present during the prize distribution function.

Mysuru Skaters excel in State Championship

Seen in the picture are** (from left) **G. Vijay, Hitha Omkar, S. Lishika, Chirag Naidu and V. Harshitha.

Mysuru, Sept. 26- Six skaters of Elite Roller Skating Academy, Mysuru, excelled in the 3rd Karnataka State Ranking Roller Skating Championship held under the aegis of Karnataka Roller Skating Association from Sept. 8 to 10 in Kalaburagi. The results are as follows:

G. Vijay (14 to 17 years age group - Quad Category) - 2 gold medals and 1 silver medal.

Hitha H. Omkar (9 to 11 age group - Inline Category) - 1 bronze medal.

S. Lishika (9 to 11 age group - Quad Category) - 2 bronze medals and 1 silver.

Chirag Naidu (9 to 11 age group - Quad Category) - 1 bronze medal.

V. Harshitha (11 to 14 age group - Quad Category) - 1 gold medal, 1 silver medal and 1 bronze medal.

All skaters are trained under Adithya S. Rao and M.G. Uma at Elite Roller Skating Academy.

Medal-winners in MMA India Open

Seen in the picture are** (from left) **Coach and Athlete Samarth Vikram, V. Anagha, Akshatha, Kshaminaam, Coach Kavya, Team India Coach Kru Vikram, Tanay, Coach Kiran, Anish, Sreeshan, Praful and Mohammed Zaid.

Mysuru, Sept. 26- The following MMA athletes of the Academy of Martial Science (AMS) have won 3 Gold, 3 Silver and 2 Bronze medals at the recently concluded 3rd Indian Open MMA Championship at Bhopal's TT Indoor Stadium:

Tanay Ajay Shastri (Youth D2 Male -8 Years, -30 kgs) - Bronze Medal; **Anish Rathan** (Youth D1 Male 11 years -42 kgs) - Silver Medal; **L. Kshaminaam Kantharaj Urs** (Youth C, 12 years, 42 kgs) - Quarter-finalist; **Praful Raghavendra** (Youth C, 13 years, +57 kgs) - Silver Medal; B. Akshatha Shanbhogue (Senior Female, Atom Weight) - Gold Medal; V. Anagha (Senior Female, Feather Weight) - Silver Medal; **Shreeshan Dharmaveera** (Youth A, Welter Weight) - Gold Medal; **Samarth Vikram** (Junior Bantam Weight) - Bronze Medal; **Mohammed Zaid** (Junior Welter Weight) - Gold Medal.

They are all trained at the AMS by Coach Kiran, Coach Samarth and Coach Kavya and mentored by Kru Vikram, MMA India Head Coach and IMMAF Youth Commission Member.

The event, which saw more than 300 athletes participating from 20-plus States, was jointly hosted by Madhya Pradesh and Chattisgarh State Federations under the sanction from MMA India National Federation.

City athletes win Intl. medals

Mysuru's Leela and Rohan have won Bronze and Silver medal respectively in Asian Muay Thai Championship organised by World Muaythai Federation in Tashkent in August. Both athletes train at Genesis Mixed Martial Arts under Samith Bhat. Seen are** (from left) **Leela, Team India Assistant Coach Anjali and Rohan.

Wins two gold medals in Karate

Mysuru, Sept. 26- Gandharvika Shastry, a Black Belt Karateka, from Pramathi Hill View Academy, Mysuru, has won two Gold medals in the South India Inter-State School Karate Championship organised by International Shotokan Karate Federation of Karnataka (ISKF) and Mahabodhi School on Sept. 10.

She has won Gold in both Kata and Kumite. She is the disciple of Hanshi N.G. Sivadas of Shito-Ryu style of Karate and daughter of Dr. Rohitha Eswer and Rashmi Rohitha.

Gandharvika Shastry

Colorectal Cancer

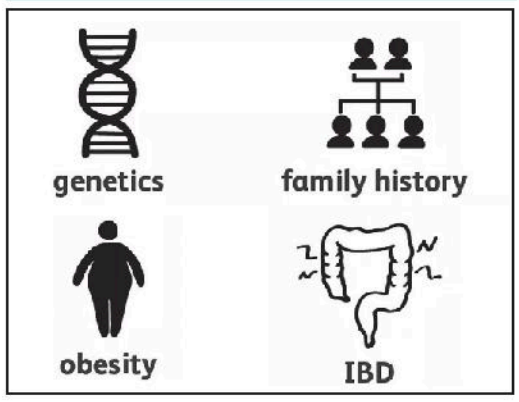
A silent killer that can be stopped

By Dr. Nikhil Nanjappa
Consultant Surgical Gastroenterologist & Colorectal Surgeon, Aceso BKG Health Care, Mysuru

Colorectal Cancer (CRC) is a common and deadly disease that affects the colon and rectum. It can cause bleeding, pain, weight loss and fatigue. It is often mistaken for piles and not diagnosed early enough. CRC can be prevented by screening and through healthy habits.

CRC is the seventh most common cancer in India, with over 27,000 new cases and 19,000 deaths in 2018. It affects both men and women, mostly after 50 years of age.

CAUSES



The exact cause of CRC is unknown, but some factors increase the risk:

Age: Older people are more likely to get CRC.

Diet: Eating too much red meat, processed meat and fat can raise the risk.

Obesity: Being overweight or obese can make CRC more likely.

Smoking: Smoking can damage the DNA of the colon and rectum cells.

Alcohol: Drinking alcohol can affect how the body works.

Inactivity: Not exercising can increase the risk.

Inflammatory Bowel Disease: Having long-term inflammation of the intestines, such as Crohn's disease or ulcerative colitis.

Family history: Having a relative who had CRC or polyps can make CRC more likely.

Polyps: CRC usually starts from a benign growth called a polyp on the colon or rectum lining. The most common type of polyp that can turn into CRC is an adenoma.

DIAGNOSIS, SCREENING & STAGING

The best way to prevent CRC is to find and remove polyps before they become cancerous. This can be done by regular screening tests that check the colon and rectum for any problem.

DIAGNOSTIC AND SCREENING TESTS

Consult colorectal surgeon: This is the first and best step. A colorectal surgeon is a specialist who has extensive training and experience in diagnosing and treating CRC.

Colonoscopy & biopsy: This test uses a tube with a camera to look at and remove any polyps or tumours in the colon and rectum. It is usually done under sedation or general anaesthesia to make it comfortable for the patient.

Screening tests can lower CRC cases and deaths by removing precancerous polyps and finding early-stage tumours that are easier to treat.

The stage of CRC shows how far it has spread in the body. This is done with scans such as CT or MRI. The stages go from 0 to 4, with higher numbers meaning worse disease. The stage affects the outlook and treatment options.

TREATMENT

The treatment of CRC depends on many things, such as the type, grade, stage, location, and features of the tumour, as well as the patient's health and choice. A team of colorectal experts is needed to ensure the best result. Each tumour is different and each patient is unique, hence an individualised treatment plan is chalked out by a robust multi-disciplinary team led by colorectal surgeons is vital.

A colorectal surgeon is a specialist who has extensive training and experience in performing surgery for CRC.

TREATMENT OPTIONS

Surgery: This is the main treatment for most CRC cases. It involves removing the tumour, lymph nodes and some normal tissue around it. It can be done as open or laparoscopic and robotic methods. Minimal invasive techniques when carried out by specialists result in better patient satisfaction, early discharge, improved quality of life, lower blood loss, less pain, shorter hospital stay, faster recovery, lower risk of infection, lower risk of bleeding, lower risk of recurrence, lower risk of complications, etc.

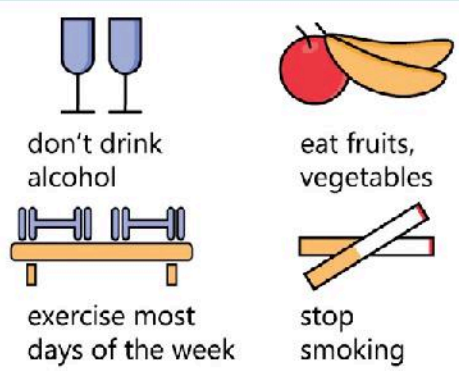
Radiation therapy: This can be used before or after surgery to kill any cancer cells left behind. It works by using high-energy rays or particles to damage DNA. It can also help radiotherapy work better.

Chemotherapy: This is used for advanced or spread CRC that has reached other parts of the body. It works by using drugs that kill cancer cells or stop them from growing. It can also help radiotherapy work better.

Targeted therapy: This is by using drugs that target specific genes involved in CRC. They work by blocking or interfering with how these genes function. They can also help radiotherapy work better.

The five-year survival rate for CRC in India was around 50% in 2018. There is evidence that sub-specialisation in colorectal surgery improves outcomes.

PREVENTION



City athletes shine

in 35th Malaysian International Open Masters Athletics Championships

S. Gnaneshwar

Vijaya Ramesh

Bhagirathy

C. Shivananja Shetty

Mysuru, Sept. 26- The following Master Athletes from Mysuru have excelled at the 35th Malaysian International Open Masters Athletics Championships, organised by Malaysian Masters Athletic Association (MMAA) at University Malaya Stadium, Kuala Lumpur, Malaysia recently:

S. Gnaneshwar, an employee of SLN Enterprises, Mysuru (Contractors for Infosys, Hebbal), taking part in the 35 to 39 years age category, has secured **Gold** medal in Shot-Put (15.08 metres); **Silver** medal in Discus Throw (34.56 metres); **Silver** in Javelin Throw (47.89 metres). He is the son of Ex-serviceman S. Seetharam and a resident of Gayathripuram.

Vijaya Ramesh, President of Mysuru Masters Games Association (MMGA), taking part in the 65 to 69 years age category, has secured **Silver** in Long-Jump (2.85 metres), **Bronze** in Discus Throw (14 metres) and **Bronze** in Javelin Throw (13.56 metres). Daughter of Singari Gowda and wife of ex-Serviceman late Ramesh, Vijaya is a resident of Gokulam Third Stage in city.

Bhagirathy, HM of Sharada Nursery, Primary and High School, Sharadadevinagar, taking part in the 50 to 54 years age category, has secured **Bronze** in 200 mts. run (28 seconds). Daughter of K.E. Appachu, Bhagirathy is married to Jaykumar and resides at Sharadadevinagar.

C. Shivananja Shetty, Police Inspector, Nanjangud Rural Police Station, Mysuru district, taking part in the 45 to 49 years age category, has secured **Bronze** in Javelin Throw (28.79 metres). He is the son of late Chikkasubba Shetty and a resident of Kodimole village in Chamarajanagar.

Wrestling competition

by Ashokapuram Friends Balaga on Oct. 1

Mysuru, Sept. 26 (MTY&KS)- As part of Dr. B.R. Ambedkar Jayanthi, Ashokapuram Friends Balaga has organised wrestling competition on Oct. 1 at 3 pm at D. Devaraj Urs Multipurpose Stadium in city, said former Mayor Purushotham.

Addressing a press meet at Patrakarthara Bhavan here yesterday, Purushotham said that 60 wrestlers from Nepal, Haryana, Maharashtra, Belagavi, Davangere and Mysuru district will be taking part in the 30 pair wrestling bouts in which marpit will be the major attraction.

Entry is free for the public. On the occasion, Dr. B.R. Ambedkar Award, Pailwan Karagaiah Award, Pailwan D.V. Venkataiah Award, Pailwan M.L. Puttaiah Award and Pailwan Gangadhar Award will be given to the best wrestlers in the competition.

Pailwan Krishna, Siddaraju, Ravi, Abhishek and Vinash were present during the press meet.

WORD OF THE DAY

Redound

Pronunciation: rih-DOWND.
Meaning: Redound is a formal word that when paired with to means "to have a particular result." It is often used in one of two idioms: "It redounds to someone's credit/honour" is used to say that a person deserves credit/respect for having done something. "Redound to the advantage of" means "to benefit (someone or something)." Redound is also sometimes used as a synonym of accrue and reflect.
Origin: A rising tide, as they say, lifts all boats. Or to be redundant: a redounding tide undulates such that the surrounding water elevates every pontoon. This latter sentence—in addition to featuring five words with some relationship to the Latin word for "wave," unda (redundant, redound, undulate, surround, and water)—highlights the earliest and now-archaic meaning of redound, "to swell or overflow," which entered English in the 14th century. Since then, additional uses of redound have abounded (abound being another unda relation), all containing ripples, however faint, of the original aqueous meaning. When an action or accomplishment redounds to someone's credit or honour, for example, it reflects positively back on them the way a wave produced by someone jumping into a pool bounces back to the jumper. And when something redounds to someone's advantage, one might say that it helps by accruing like, well, a rising tide.

THE ODD WORD

Randan

Uproar; din; riotous conduct.

PHRASE OF THE DAY

Run like the wind

Meaning: 'Run like the wind' means to run very fast.
Origin: No one is really certain of the origin of the idiom 'Run like the wind,' but what is known is that early horse racing fans urged their favourites to run like the wind. Considering that, during the days before mechanized vehicles, horses and other animals could only be outrun by the wind, this charming, old-fashioned expression makes sense.
Example: "She's very slight in build and she can run like the wind."

QUOTE BOX

When everything seems to be going against you, remember that the airplane takes off against the wind, not with it. **—Henry Ford**

RIDDLE THIS

Solve the rebus:

CUSTARD π

Answer: Custard pie.

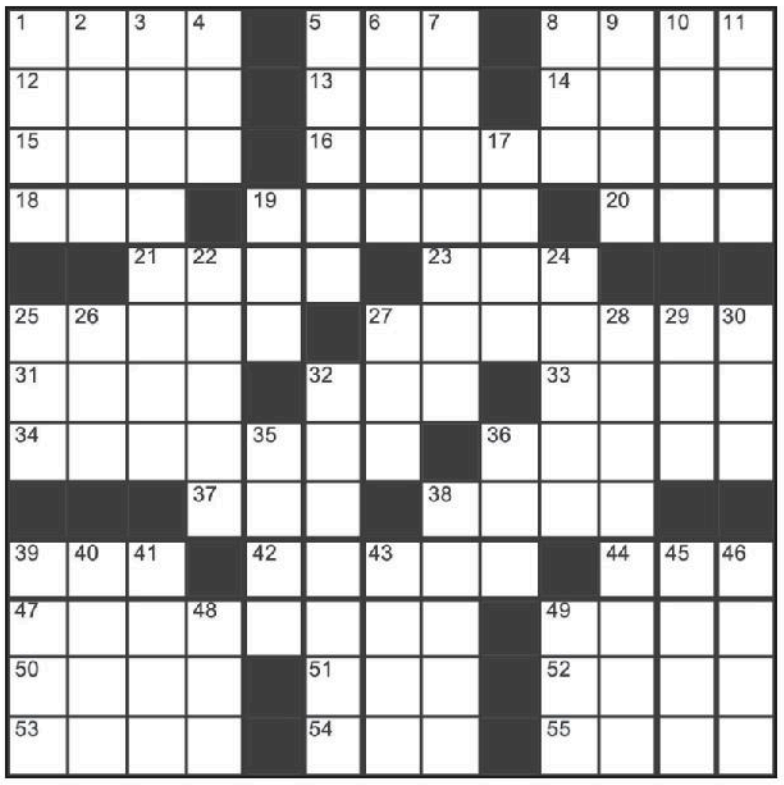
CROSS WORD

ACROSS:
1 Hounds, terriers, etc
5 Simile centre (2,1)
8 Remove a sheep's wool, perhaps
12 Border on
13 Debtor's letters
14 Fair to middlin' (2-2)
15 By ___ : by memory alone?
16 Established or indicated the place of, put in a context
18 9th letter of the Hebrew alphabet
19 Parcel out
20 Roman bronze
21 Impulse
23 Above ___ : more than expected or due?
25 Concur
27 Conscience-stricken
31 A false biblical god
32 Freezing
33 God (French)
34 Most hideous or repulsive to look at
36 "Will comply" in telecommunications
37 Calorie in short
38 Chase after
39 Librarian's admonition
42 Recording media
44 IRS in India
47 Says nothing? (5,3)
49 Fall in the winter
50 Girl's name
51 A mischievous child
52 Congo river
53 Gender abbr.
54 Clear air turbulence
55 Epochs

DOWN
1 Arrow
2 Double reed
3 Harsh-sounding
4 Fr. holy title
5 Church passageway
6 Till the __ : become a farmer?
7 Post-mortem?
8 US Civil war side, in short
9 We use it to carry water - "a lot" different?
10 Understanding term? (1,3)
11 Seal herds
17 One of the USA
19 Period of human life
22 Ancient souvenir
24 Semi-diameters
25 Rajasthan's Mount ___
26 Wisecrack
27 Statute or law
28 Hat maker
29 European Economic Community
30 Pair
32 Pertaining to Mohammed's religion
35 Comestibles
36 Existed
38 Lure astray
39 It covers your flesh
40 At this place
41 Ex-India skipper Adhikari
43 American cat
45 Weight used to measure gold, etc. in India
46 Is indebted to
48 A light touch or stroke
49 Take to court

YESTERDAY'S ANSWER

D	U	A	D	■	R	I	P	■	O	C	T	O
E	M	I	R	■	A	L	E	■	F	O	O	L
F	A	M	I	L	I	A	R	■	F	R	O	G
■	■	■	V	O	N	■	S	H	E	I	L	A
I	M	P	E	L	■	T	I	A	R	A	■	■
O	B	A	N	■	U	S	S	R	■	N	A	S
W	A	R	■	E	N	A	T	E	■	D	I	P
A	S	A	■	C	A	R	S	■	G	E	A	R
■	■	S	U	R	F	S	■	A	R	R	A	Y
J	A	I	P	U	R	■	S	A	O	■	■	■
A	C	T	S	■	A	S	P	H	Y	X	I	A
B	R	I	E	■	I	K	E	■	N	E	I	N
S	E	C	T	■	D	A	Y	■	E	D	I	T



SUDOKU

	2			1			3	
	4	3	9		7	6		
						4	2	
		7						8
			2		6			
1						5		
	1	4						
		6	4		2	1	7	
	8			7			5	

Answer to previous puzzle

1	9	2	8	6	5	4	3	7
7	4	3	1	9	2	6	5	8
5	6	8	4	7	3	1	9	2
8	2	5	9	3	6	7	4	1
3	7	4	5	8	1	9	2	6
9	1	6	7	2	4	3	8	5
4	8	9	6	5	7	2	1	3
6	3	1	2	4	8	5	7	9
2	5	7	3	1	9	8	6	4

Sudoku is a number-placing puzzle based on a 9x9 grid with several given numbers. The object is to place the numbers 1 to 9 in the empty squares so that each row, each column and each 3x3 box contains the same number only once. The difficulty level of the Concept is Sudoku increases from Monday to Sunday.

CRYPTOQUIP

The Cryptoquip is a substitution cipher in which one letter stands for another. If you think that X equals O, it will equal O throughout the puzzle. Single letters, short words and words using an apostrophe give you clues to locating vowels. Solution is by trial and error.

JAAO IKHIC RH IWC PABHI

YRFC CYCB RZYCZICO

TODAY'S CLUE: I EQUALS T

Yesterday's Cryptoquip: I'm against picketing, but I don't know how to show it.

MOVIE LOVERS

NOW SHOWING - SINGLE SCREEN THEATRES

- **Woodlands Theatre** **Ph: 2422871**
  Tatsama Tadbhava (K) - 2 Shows; *Expend4bles (E)* - 2 Shows
- **Prabha Theatre** **Mob: 98454-14691**
  13 Part 1 (K) - 3 Shows; *Parishuddam (K)* - 1 Shows
- **Gayathri Theatre** **Ph: 2443568**
  Sapta Sagaradaache Ello - Side A (K) - 4 Shows
- **Mahadeshwara Theatre** **Mob: 99008-20093**
  Toby (K) - 4 Shows
- **Lido Theatre** **Ph: 2420885**
  Olave Mandara (K) - 4 Shows
- **Sangam Theatre** **Ph: 2520494**
  Jawan (H) - 4 Shows
- **Balaji Theatre** **Ph: 2497199**
  Jawan (H) - 4 Shows
- **Thibbadevi Theatre** **Ph: 2452958**
  13 Part 1 (K) - 4 Shows
- **Rajkamal Theatre** **Ph: 2423554**
  Mark Antony(Ta) - 4 Shows
- **Padma Theatre** **Ph: 2521923**
  Honeymoon in Bangkok (K) - 2 Shows; *Dvandva (K)* - 2 Shows

DRC CINEMAS — Ph: 4240422, 4241800

Digvijaya (K)	(S-1)	10.40 am
Sapta Sagaradaache Ello (K)	(S-1)	1.10 pm, 7.10 pm, 10 pm
	(S-4)	4.15 pm
Jawan (H)	(S-1)	4 pm
	(S-4)	9.50 am, 1 pm, 7 pm, 10.15 pm
Tatsama Tadbhava (K)	(S-2)	11.30 am
Olave Mandhara 2 (K)	(S-2)	2 pm
Demon (Ta)	(S-2)	4.30 pm
Sukhee (H)	(S-2)	7 pm, 9.50 pm
Expend4bles (E)	(S-3)	11.30 am, 9.40 pm
The Nun II (E)	(S-3)	1.45 pm
The Great Indian Family (H)	(S-3)	4.30 pm, 7 pm

MYSURU VISION CINEMAS — Ph: 0821 - 2973519

Parishuddam (K)	(S-1)	10.30 am
Honeymoon in Bangkok (K)	(S-1)	1.30 pm
Dvandva (K)	(S-1)	4.20 pm
Bun Tea (K)	(S-1)	6.45 pm
Sapta Sagaradaache Ello (K)	(S-1)	9.15 pm
	(S-4)	1.45 pm, 4.45 pm
Jawan (H)	(S-2)	4.15 pm, 9.15 pm
	(S-3)	7 pm; (S-4) 10.30 am
The Nun II (E)	(S-3)	4.45 pm; (S-4) 7.35 pm

PVR CINEMAS — 4K Dolby 7.1

Nexus Centre City Mall, 2nd Floor. Mob: 8951357139

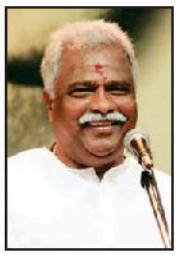
Jawan (H)	:	8.45 am, 9.10 am, 10.45 am 12.20 pm, 12.45 pm, 2.20 pm 3.55 pm, 5.55 pm, 6.15 pm, 6.55 pm 9.30 pm, 10 pm, 10.30 pm
The Nun II (E)	:	9.30 am, 4.20 pm
Expend4bles (E)	:	9.45 am, 2.50 pm, 5.20 pm 10.25 pm
The Great Indian Family (H)	:	10.00 am, 12.15 pm 3.40 pm, 7.30 pm, 9.50 pm
Sapta Sagaradaache Ello (K)	:	12.05 pm
Sukhee (H)	:	12.35 pm, 6.25 pm
Mark Antony (Ta)	:	3.10 pm, 9.30 pm
Tatsama Tadbhava (K)	:	7.45 pm

1st Floor, Garuda Mall. Mob: 9901373210

Jawan (H)	:	9.10 am, 10.15 am, 1.05 pm 1.50 pm, 3.20 pm, 5.25 pm 6.55 pm, 9 pm, 10.30 pm
Expend4bles (E)	:	9.55 am, 3 pm, 5.30 pm, 8 pm, 10.30 pm
Sapta sagaradaache Ello (K)	:	10.05 am, 4.40 pm
Olave Mandara 2 (K)	:	12.25 pm
The Nun II (E)	:	12.45 pm, 7.40 pm
Rani - The Real Story (Ma)	:	10.15 pm

EVENTS TODAY (SEPTEMBER 26)

- **Ramsons Kala Pratishtana (RKP), Mysuru:** 19th Edition of Bombe Mane — Display of exquisite dolls from across India, Ramsons Bombe Mane, No. 91, 1st Floor, above Aamrapali Saree Store, Nazarbad Main Road, **up to 7 pm.** [Ph: 0821-2444040, Mob: 98801-11625]
- **Cauvery Handlooms, Bengaluru and Department of Handloom, Textile and Commerce, JSS Mahavidyapeetha:** Special Handloom Expo Samskruthi-Hathkargha-2023, JSS Mysore Urban Haat, Hebbal, **up to 9 pm.**
- **Sri Ramakrishna Seva Sangha - Ramakrishna Vidyakendra, Mysuru, Ramakrishnanagar:** Hindi Day-2023 celebrations, Sri Ramakrishna Seva Sangha-Mysuru President M. Papegowda presides, M.S. Lakshminarayana main speaker, Ramakrishna Vidyakendra Executive Officer Prof. G. Chandrashekar, High School Division Head Master G.N. Vishwanath, Primary School Division HM Veena K. Hegde and Hindi Assistant Teacher Mahalakshmi will be present, Sharada auditorium, **3 pm to 4 pm.**
- **Karnataka Police Academy (KPA):** Passing Out Parade of 37th batch of Probationary Deputy Superintendents of Police (Dy.SP-Civil) and Deputy Superintendents of Excise, Chief Minister Siddharamaiah chief guest, Home Minister Dr. G. Parameshwar presides, State DG&IGP Alok Mohan will take part, KPA Parade Grounds, **4 pm.**
- **Srikrishna Trust Chaturmasya Samiti, Mysuru:** Pejawar Adhokshaja Mutt Seer Sri Vishwaprasanna Teertha Swamiji's 36th Chaturmasya Vrata, Bhajans & Discourse, **5 pm;** Cultural programmes - 'Nrityarpana' programme by Vidu. Roopashree dance troupe, Bengaluru, Srikrishnadhama, Saraswathipuram, **7 pm.**
- **Sri Prasanna Vidya Ganapathi Mahotsava Charitable (SPVGMC) Trust, Mysuru:** 62nd Heritage Music Festival, Laya Vadya by Vid. H.L. Shivashankaraswamy and troupe, **5.30 pm;** Hindustani vocal recital by **Vid. Venkatesh Kumar**, accompanied by Vid. Ravindra Katoti on harmonium and Vid. Keshava Joshi on tabla, 8th Cross Ganesha Pandal, V.V. Mohalla, **6.45 pm.** [Mob: 98455-01178]



EVENTS TOMORROW (SEPTEMBER 27)

- **Mysore Makkala Koota & SDM Mahila Maha Vidyalaya, Krishnamurthypuram:** Smt. Lakshmi Nagaraju Endowment Memorial Inter-College Karnatak Classical Music Competition-2023, KSGH Music and Performing Arts University VC Prof. Nagesh V. Bettakote inaugurates, Veena artiste Vidu. Mysore S. Rajalakshmi chief guest, Degree College Principal Prof. Sainath Malligemadu presides, sponsor and former Administrative Board Member Nalini Srikanta and PU College Principal Nayana Kumari guests of honour, **9.30 am;** Prize distribution, College premises, **4 pm.**
- **Kasturi Sirigannada Vedike - State Unit, Mandya, Kasturi Sirigannada Vedike - Cultural Unit, Mysuru:** Installation & felicitation ceremony and Essay Competition on 'Appa (Father),' Vangipura Mutt Seer Sri Ilai Alwar Swmaiji graces the occasion, social worker K. Raghuram Vajpayee inaugurates, Supreme Convent President K.P. Manjula Ravindraswamy presides, Kasturi Sirigannada Vedike State President Potera Mahadevu delivers keynote address, writer Ratna Chandrashekar distributes prizes; Conferring of 'Kasturi Siri' award on retd. Tahsildar K.B. Papanna (Mandya), writers Yashodha Ramakrishna (Mysuru) and Divya Vinay (Mysuru), dancer Yashoda Bai (Mysuru), Bharata Kannada Parishat State President Raghavendra Kumar (Mysuru) and social worker Kiranguru Ramachandra (Srirangapatna); retd. Programme Officer of Akashvani Mysuru N.V. Ramesh, writer Alumelamma from Mysuru, Kasturi Sirigannada Vedike-Mysuru district Manjula Ramesh and social worker Sudha Aradhya from Upparakanahalli chief guests, Supreme Convent, Basaveshwara Nagar, **10.30 am.**
- **Sri Prasanna Vidya Ganapathi Mahotsava Charitable (SPVGMC) Trust, Mysuru:** 62nd Heritage Music Festival, 'Ramayana Darshanam' Vaachana by Vidu. Shubha Raghavendra and Vyakhyana by Dr. Jyothi Shankar, **5.30 pm;** Yakshagana by Keremane Shivananda Hegde and troupe, 8th Cross Ganesha Pandal, V.V. Mohalla, **6.45 pm.** [Mob: 98455-01178]
- **Cauvery Handlooms, Bengaluru and Department of Handloom, Textile and Commerce, Government of Karnataka, JSS Mahavidyapeetha:** Special Handloom Expo Samskruthi-Hathkargha-2023, JSS Mysore Urban Haat, Hebbal, **10.30 am to 9 pm.**
- **Sharana Sahitya Parishat, Mysuru City Unit and Parishat Youth Unit, BGS B.Ed College, Mysuru:** Endowment Programme - Vachana Vaachana-Vyakhyaana by trainees, Sri Someshwaranatha Swamiji inaugurates, lecture on 'Vachanagala Nele-Hinnele' by R. Dileep of Terakanambi College, Parishat Mysuru City Unit President M.G. Sadanandaiah presides, BGS B.Ed College auditorium, Kuvempunagar, **11 am.**
- **Srikrishna Trust Chaturmasya Samiti, Mysuru:** Pejawar Seer Sri Vishwaprasanna Teertha Swamiji's 36th Chaturmasya Vrata, Bhajans & Discourse, **5 pm;** Cultural programmes, Srikrishnadhama, Saraswathipuram, **7 pm.**
- **Ramsons Kala Pratishtana (RKP), Mysuru:** Inauguration of 'Kaladevi - Dolls Museum' by Pramoda Devi Wadiyar of erstwhile Mysore Royal Family, Udupi Pejawar Seer Sri Vishwaprasanna Teertha Swamiji graces the occasion, Ramsons, # 1160, opposite Mysore Zoo, **5 pm.** [Mob: 98801-11625]
- **Rotary Mysore Midtown:** Conferring of 'Prof. M.G. Nanjundaaradya Memorial Rotary Mysore Midtown-Amaravani Award' on Dr. R. Indira, Sociologist and Professor, School of Social Sciences, M.S. Ramaiah University of Applied Sciences, Bengaluru, who is also *Mysuru Mithra* Columnist, by Prof. M. Umapathy, retd. Political Science Professor, University of Mysore, Rotary Centre, JLB Road, **6.30 pm.**

INOX LIVE the MOVIE

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Sapta Sagaradaache Ello (K)	(S-2)	10.50 am
	(S-3)	6.50 pm
The Great Indian Family (H)	(S-4)	1.50 pm, 7.30 pm, 10 pm
Jawan (H)	(S-1)	10.40 am, 4.35 pm, 10.30 pm
	(S-2)	1.50 pm, 5.25 pm, 9 pm
	(S-3)	9.10 am, 12.45 pm
	(S-4)	10 am
The Expend4bles (E)	(S-1)	2.10 pm, 8.05 pm
	(S-3)	4.20 pm, 9.50 pm
Mark Antony (Ta)	(S-4)	4.20 pm

INOX Centro Mysore - Mob. : 9606976757

Jawan (H)	:	9.20 am, 10.20 am, 11 am 2.30 pm, 4.25 pm, 6 pm 6.25 pm, 9.30 pm, 10.30 pm
Expend4bles (E)	:	11.30 am, 1.55 pm, 3.55 pm 8 pm, 10 pm
Sapta Sagaradaache Ello (K)	:	12.55 pm, 10.00 pm
Dvandva (K)	:	2.00 pm
Bun Tea (K)	:	4.35 pm
Aaraaririaaro (K)	:	7.15 pm

NOTE: Movie timings published here are subject to sudden change by the theatre managements. The films are also liable to be changed in multiplexes if there are no minimum audience of 15.

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2. **Professor, Associate Professor** for Electronics & Communication Engineering.
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91st ANNIVERSARY CELEBRATIONS OF INDIAN AIR FORCE
2 AIR FORCE SELECTION BOARD, MYSURU

2 AFSB, Mysuru will be celebrating 91st Anniversary of the Indian Air Force from 04 Oct 2023 to 07 Oct 2023. All retired Air Force personnel who are residing in and around Mysuru are cordially invited to attend the function as per the following schedule.

Sl. No.	Date & Time	Programme Details	Venue	Personnel who are invited	Contact No.
(a)	04 Oct 2023 1800hrs	Cocktails at SNCOS' Mess	SNCOS' Mess	All retired Hony Ranks and SNCOs Dress : Open Collar/ Lounge suit / combination.	CMC 7503890051 7003666379
(b)	07 Oct 2023 1230hrs	Barakhana	Airmen Mess	All retired Cpls & below Dress: Open Collar	OIC Airmen Mess 9971128146
(c)	07 Oct 2023 1915hrs	Social evening at Officers' Mess	Officers' Mess	All retired officers with spouse. Dress: Lounge suit / Combination	Mess Secretary 0821-2626683

NOTE:
1. All the retired Air Force personnel may contact Air Force authorities at the above mentioned telephone number for any query.
2. All desirous to attend are requested to confirm your attendance latest by 1400 hrs on 01 Oct 2023.

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— Management

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